

Rudolf Steiner Bookstore



Hours: Tu-Thu 1-5pm, Fri-Sat 12-7pm, Sun 1-5pm

Steiner has "the most impressive holistic legacy of the 20th century..."

— NY Open Center co-founder Ralph White

ANTHROPOSOPHY NYC

FEBRUARY 2017

02-03 FRIDAY 6:30PM, SATURDAY 10AM

First Class, School of Spiritual Science (members only)

09 FRIDAY 7PM

Members Evening, Anthroposophy NYC/Anthroposophical Society

11 SUNDAY 3PM

The Refugees' Tale, Laurie Portocarrero & Glen Williamson

12 MONDAY 7PM

Monthly Eurythmy, with Linda Larson

14 WEDNESDAY 7PM

Anthroposophic Psychology, with David Taulbee Anderson

26 MONDAY 7PM

Eurythmy Circle - Pisces, with Marta Stemberger

EARLY MARCH

01 THURSDAY 7PM

Health Through Singing, Christiaan Boele Workshop

02 FRIDAY 7PM

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centerpoint
spiritual
therapeutic
world
& outsider artists
gallery

www.
asnyc
.org

The New York Branch

Anthroposophical Society in America

138 West 15th Street

New York, NY – (212) 242-8945

Groups/weekly, monthly

MEDITATION GROUP

TUESDAYS, 5:45-7:00PM. FOR THOSE WITH MEDITATION experience, esp. as taught by Georg K uhlewind.
CONTACT: Fred Dennehy / 212-242-8945.

BARFIELD GROUP

TUESDAYS, 7:30-9:00PM. READING: *An Outline of Esoteric Science*, by Rudolf Steiner (Cotterell trans.).
CONTACT: Walter Alexander / 212-242-8945.

ST. MARK GROUP

WEDNESDAYS, 5:30PM. READING STEINER'S *Cosmic Memory*. CONTACT: Albert Spekman / 212-242-8945.

SPI-SCI GROUP

WEDNESDAYS, 7:00PM.* READING *Toward Social Renewal* by Rudolf Steiner. *No mtg if there is a Wed 7pm event.

FESTIVAL STUDY GROUP – NEW

THURSDAYS, 7-9PM. READING NEW TEXT, TBD.
CONTACT: josh@asnyc.org, 917-328-7677

FOUNDATION STUDIES WEEKLY

FRIDAYS, 4-5:30PM. READING *How to Know Higher Worlds*, by Steiner (Bamford trans). CONTACT: Joshua Kelberman, 917-328-7677, josh@asnyc.org

READING TO THE DEAD

1ST MONDAYS, 6:30PM. AT CHRISTIAN COMMUNITY, 309 W 74th St. Reading Steiner's *Life Beyond Death*. Call Dorothy Emmerson: 646-468-7721.

SPEAKERS GROUP (MAKING PRESENTATIONS)

2:30PM SUNDAYS: 2/18, 3/18, 4/15. READING STEINER'S *Art History as a Reflection of Inner Spiritual Impulses*.
CONTACT: Albert Spekman / 212-242-8945.

February 2018

2-3 Friday 6:30pm, Saturday 10am
First Class meetings
For members of the School of Spiritual Science

03 Saturday 2pm - donations welcomed
Open Saturday open class

A MOVING EXPERIENCE

Melania Levitsky

The human body is formed by streams of movement, both those that exist objectively around us, and the movements we

make in our gestures and habits. Join us for an introduction (or refresher) of Spacial Dynamics and Bothmer exercises where we will experience the freedom-giving objectivity of the geometry of our bodies in movement and the dynamics of the space around us.



MELANIA LEVITSKY: LEVEL I SPACIAL DYNAMICS GRADUATE, certified in Bothmer Gymnastics; Michael Chekhov Acting Studio teacher and director of the Shakespeare in the Valley Summer Festival in Columbia County.

09 Friday 7pm, donations welcome
Monthly meeting



MEMBERS' EVENING

Working with the worldwide study theme, "Light and Warmth for the Human Soul." Artistic work, social time, and refreshments. *Next date: March 2nd.*

11 Sunday 3pm, \$10-20 sugg. donation
Performance (75 minutes)

THE REFUGEES' TALE

**Laurie Portocarrero
and Glen Williamson**

A free rendering of Goethe's story within a story (the Green Snake parable). To raise their spirits, wandering wartime refugees tell this magical tale of community transformation and redemption.

LAURIE PORTOCARRERO: TRAINED IN the Michael Chekhov method under master teachers Ted Pugh and Fern Sloan, and has taught movement, drama and speech in the US and abroad. A member of The Actors' Ensemble, Walking the dog Theater, Shakespeare Alive! and Threefold Mystery Drama Group.



GLEN WILLIAMSON: A FOUNDING MEM-ber of The Actors' Ensemble and New Directions Theater, known for roles in *The Gospel of John*, *Aeschylus Unbound*, *Beat the Devil!* *Faust*, *the Whole Story*, *The Incarnation of the Logos*, *Kaspar Hauser: The Open Secret of the Foundling Prince*, and Kurt Vonnegut's *The Kid Nobody Could Handle* and *Who Am I This Time?* www.anthropostheater.com



12 Monday 7pm - \$10-20 sugg. donation
Monthly eurythmy

THE CLOUD ILLUMINATOR

Linda Larson

Embracing our winter experience, we will move together nourishing words from Rudolf Steiner. "The Cloud Illuminator" is the first verse given for eurythmy; the form he gave for it became the first group form. He intended this verse "to develop the feeling and mood of veneration and to achieve peace." Let's do our part in striving toward this goal.

Bring soft-soled shoes; no previous eurythmy experience necessary.



Jon Larson: Lake Siljan in sepia & greys

LINDA LARSON: EURYTHMIST, TAUGHT AND PERFORMED, and practiced therapeutic eurythmy, in Europe and the U.S. Trained in Dornach, England, USA; MFA from Cranbrook Academy of Art; larstoneurythmy.com

14 Wednesday 7pm, \$10-20 sugg. donation
Monthly lecture series

ANTHROPOSOPHIC PSYCHOLOGY

David Taulbee
Anderson

This series of 10 lectures explores and elaborates on Rudolf Steiner's lecture series *Anthroposophy, Psychosophy, and Pneumatosophy*.

Anthroposophy deals with the relation of the soul to the body and senses. Psychosophy studies the soul itself, in its own realm. Pneumatosophy is the study of the soul's relation to the Spirit. #6, Feb. 14 – "Consciousness and Soul Life." The conscious has as its content judging and interest. The subconscious subsists in submerged, unnoticed mental images. Mental concepts (in etheric body) come from the past. Desiring (in astral body) comes from the future. The astral world appears reversed since it comes backwards towards us from the future. Our present soul life resides between these streams. What are feelings? The difference between "I"-image and the "I" itself. *Next dates: Mar 14, Apr 18. Come to any lecture, you don't have to attend the entire series!*



DAVID TAULBEE ANDERSON: HAS TAUGHT DRAWING & painting around the world; MA in Art and certificates from Emerson College (Waldorf education), and the Wagner School at the Goetheanum (teaching painting).

26 Monday 7pm, \$10-20 sugg. donation
Pisces Eurythmy Circle

PREPARE FOR SPRING

Marta Stemberger

"We demand a lot from life, but we live past one another." ~ Rudolf Steiner

Let's engage in mindful connection with others through the warmth of the human heart. Tune into the wisdom of your Soul. Nurture your life forces with harmonious movement art of eurythmy: a spiritual practice, a healing art, and a creative expression.

Explore the wisdom of the Zodiac sign of Pisces and experience the conscious unity of people moving together in a eurythmy circle, led by Soulful Wizardess Marta Stemberger. And yes, go ahead... invite a friend or a family member to come with you. We'll practice gentle harmonious movement exercises to live piano music and beautiful poetry. **Share your vibrant light in a circle of like-minded souls.** *Open to all who can walk. No prior movement experience is needed.*

Future dates: March 26, Aries; April 30, Taurus; May 21, Gemini; June 25, Cancer; July 23, Leo; August 20, Virgo.

MARTA STEMBERGER, MA: A HARMONIOUS MOVEMENT teacher, mindful translator, spiritual researcher, radio host, and featured Huffington Post blogger. Marta has taught movement, performed, and lectured in Europe and the U.S. since 1989. For more information visit <http://ssi.hamoves.net/eurythmy-circles/>



March 2018

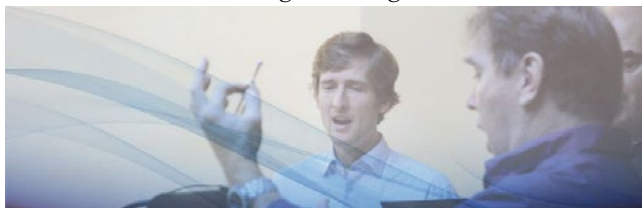
01 Thursday, 7pm, \$10-20 sugg. donation
Evening singing workshop

HEALTH THROUGH SINGING

Christiaan Boele

The School of Uncovering the Voice, aka Werbeck Method

"Every human being has a singing voice. Our work is to unveil, take away the hindrances and free the voice." – Valborg Werbeck-Svaerdstroem. This evening is for singers of all levels or



anyone seeking creative renewal; even for people who feel that they cannot sing! In Werbeck singing, the process of singing is viewed holistically, with the aim of the natural opening and balancing of the voice. The singer is invited to move with confidence and joy towards discovering his or her own voice. It is a gentle process and the voice is never pushed, but liberated slowly through engagement and active participation. Why study singing? As an expression of the creative spirit, as a confidence builder when needing to communicate with others, and as a healing force that lets you breathe and express yourself with your whole being. *Contact for more information: shannonaliciaboyce@gmail.com*

CHRISTIAAN BOELE: HAS WORKED 40 YEARS IN THE School of Uncovering the Voice tradition. His refined, intuitive teaching methods lead students (from people with no previous singing experience to professional singers and music teachers) to new discoveries about their voices, and about themselves. www.stimmenthuellung.com/en/

02 Friday 7pm, donations welcome
Monthly meeting



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Monthly eurythmy

THE SUN BURST...

Linda Larson

These words are the beginning of a poem which a group of Russian poets wrote together when they were artists behind the Iron Curtain. At that time they chose to remain anonymous, yet these words have reached people in many countries including the US. Come move with us this inspiring piece to deepen our belief in the future possibilities of mankind.

Bring soft-soled shoes; no previous eurythmy experience necessary.

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